



'IMPROVING LIVES THROUGH WOODLANDS' 'GWELLA BYWYD DRWY COETIROEDD'

Tir Coed is a charity that engages people with woodlands for learning and wellbeing and improves woodlands for the benefit of everyone.





OUR AIMS



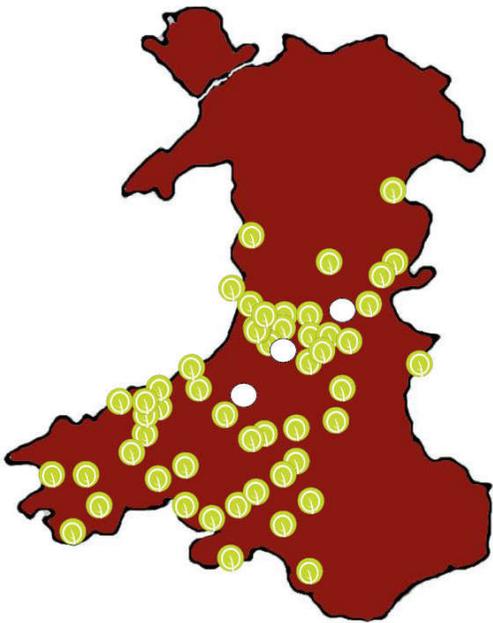


VISION:

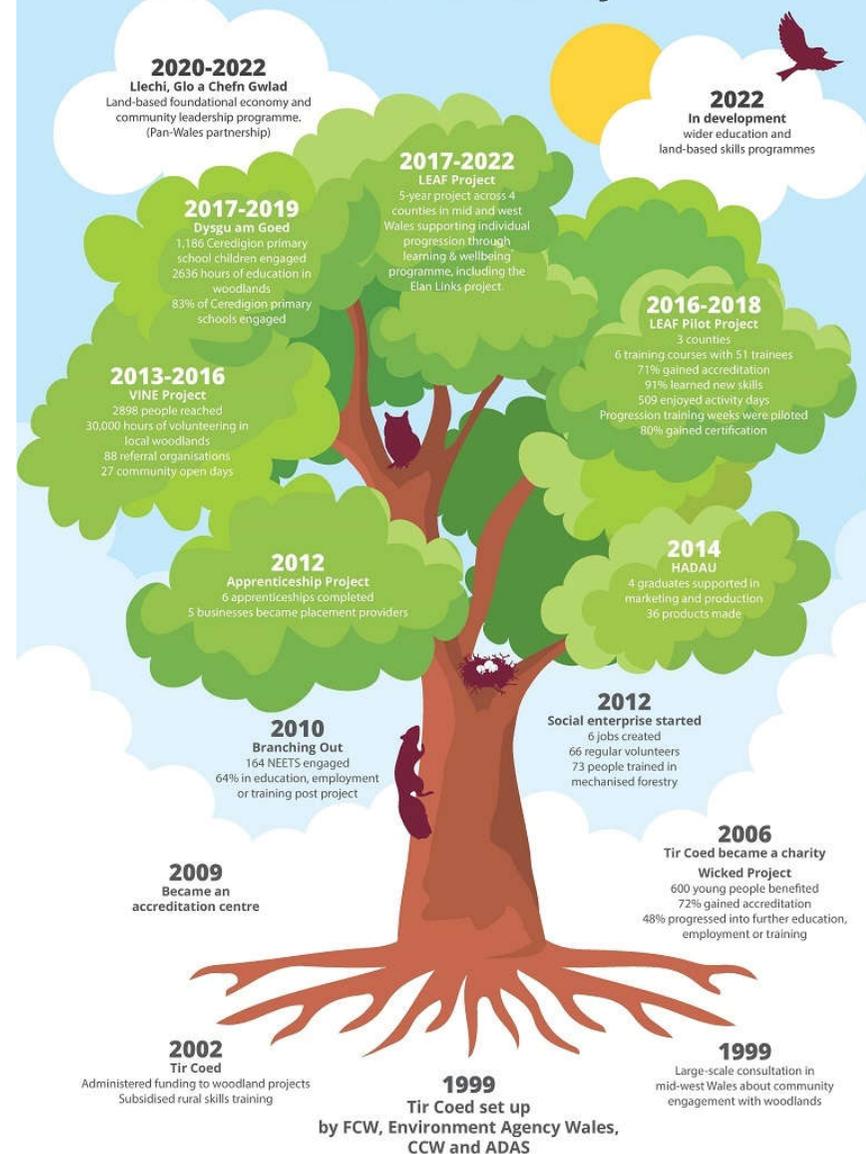
Wales has thriving & sustainable rural communities integrated with the natural environment.

MISSION:

To unlock the potential of woodlands; to provide community facilities, educational and health activities, and create job opportunities for disadvantaged individuals in rural Wales. With the aim of making positive lasting change.



Tir Coed History





THE LEAF PROJECT: LEARNING TO ENABLE ACHIEVEMENT AND FULFILMENT

WELL-BEING IN THE WOODS

BESPOKE COORDINATION FOR GROUP NEEDS



SKILLS AND PROGRESSION IN THE WOODS

MENTORING AND SUPPORT TO HELP EVERY STEP OF THE WAY





LEAF: LEARNING TO ENABLE ACHIEVEMENT AND FULFILMENT

MENTORING

BESPOKE ACTIVITY SESSIONS

WELCOME WEEKS

12 WEEK COURSES

PREGRESSION WEEKS

Through a programme of sustained engagement and progression, Tir Coed looks to effect lasting change.



BESPOKE ACTIVITY SESSIONS

Short sessions tailored to individual group needs introducing a wide range of people to woodland activities

Open to any of our target groups which include family groups, women's groups, offenders, youth groups, people with physical or mental health conditions.

We aim to match groups with a woodland that works for them in terms of location, facilities and accessibility.

ACTIVITIES IN THE WOODS
Tailored to the ability and needs of your group.
Full day - 5 hours Half day - 2 hours
Enjoy learning new skills in a beautiful woodland location, with lunch around the campfire and plenty of warm drinks.

NATURE
Foraging, Identification Walks, Conservation

ARTS
Musical Instruments, Land Art, Performance

CRAFTS
Carving, Green Woodworking, Traditional Making

ADVENTURE
Bushcraft, Forest Adventure, Team Building

Please note weatherproof shelters are available in poor weather. All tools/equipment provided. Sessions led by an experienced tutor. Part or full funding available for eligible groups.

www.tircoed.org.uk 01970 636909 info@tircoed.org.uk

Also available in Welsh





WELCOME WEEKS



WELCOME WEEK

Make a stool in a woodland workshop and discover some interesting subjects and skills you could learn on Tir Coed training courses.

Day 1: Make a mallet or spatula & learn how to keep yourself & the group safe.
Day 2 / 3: Learn to split and shape logs into stool legs and tops.
Day 4: Create mortice and tenon joints and put your stool together.
Day 5: Put the finishing touches on your piece ready to take home.



All trainees will receive a certification of achievement and a feedback report.
Please note weatherproof shelters are available in poor weather.
All tools/equipment provided. Sessions led by an experienced tutor.
Part or full funding available for eligible individuals.

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5 day taster sessions that introduce participants to Tir Coed activities

Open to people who are unemployed or underemployed

Because Tir Coed are an accreditation centre, completing one of these courses earns the participant a certificate



Also available in Welsh



12 WEEK TRAINING COURSES

2 day a week courses in various woodland skills, with optional Agored Cymru accreditation level 1 or 2

Open to people who are unemployed or underemployed

Units may include sustainable woodland management, construction, practical conservation skills or timber frame constructions



**WOODLAND COURSES
IN CARMARTHENSHIRE**

Welcome to the Woods Mynydd Mawr Woodland Park One day taster 17th January	Woodland Management Mynydd Mawr Woodland Park 2 days a week for 12 weeks From 29th & 30th January
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These funded courses are for anyone who is unemployed or underemployed and interested in learning more about woodlands

Contact Nancy for more details:
carms@tircoed.org.uk - 07476 899544



Also available in Welsh



PROGRESSION WEEKS

Specialist 5 day course developing skills in 6 sector specific areas with achievement certificates

Designed to offer further progression with the Tir Coed model, open to people who have already completed a Tir Coed course or already have other relevant experience.

Topics may include ecology, mechanised forestry, timber framing, social forestry, traditional crafts, wood fuel or tree planting.

Also accredited through Tir Coed

PROGRESSION WEEK
4/5 day courses that develop skills in 6 sector specific subjects supporting a progression route into further professional training or employment in woodland sectors.

For individuals who have either progressed through Tir Coed training or have previous experience within each sector and are looking to develop their skills.

TRADITIONAL CRAFTS
ECOLOGY
CONSTRUCTION
WOOD FUEL
SOCIAL FORESTRY
TREE PLANTING

All trainees will receive a certification of achievement and a feedback report.
Part or full funding available for eligible individuals.

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Also available in Welsh





MENTORING



- New role
- Supports participants before, during and after engagement
- Works with trainees to produce an individual action plan and identify progression routes
- Improves sustainability of the project for individuals



WOMEN IN THE WOODS



I am very pleased with my progression throughout the course. I have learned lots of new skills and made things that I never thought I was capable of, so it has given me loads of confidence and I'm very happy.

Thank you for helping make dreams come true! I have lots of ideas for my new home I'm moving to next week, I'd like to make a lot of my furniture myself, even curtain poles!

I was apprehensive about the course before I signed up as I thought it might be all lads in the woods but it wasn't like that at all.



I cannot thank Tir Coed enough. When I think about how I used to be, and now, there is no comparison. I can leave the house now, and although I am still anxious at times, I feel I can get out there and make a difference.

It's broadened my outlook and made me appreciate the natural world.

The course has given me a new lease for life. It's extremely physically rewarding, has given me great insight to the importance of traditional woodland management and craft, and has provided me much inspiration.

I'm more proactive.
It's something to get up for because I enjoy it. I can relax with people that I don't really know, who are on the same wavelength. I get a good community feel out of it. I'm not under pressure.



YEAR 2: FACTS AND FIGURES

92% of trainees believed they had gained job-relevant skills/work experience

100% of trainees agreed that tutors were supportive

100% of trainees agreed that they had learnt new skills

93% of trainees agreed that their sense of wellbeing had improved

87% of trainees reported feeling more connected to nature



LEAF PROJECT CARMARTHENSHIRE

If you would like more information on how you could get involved with Tir Coed activities please speak to:

Nancy Hardy

Carmarthenshire Coordinator

carms@tircoed.org.uk

07476 899544

or visit the website:

tircoed.org.uk/what-we-do

